1st floor – The Food Sector
Where does food come from and how is it produced? How can we transport it? How can we ensure we have food to eat out of season? What methods do we use to cook, prepare or present our food to make it tasty and appetising? In this first sector, visitors explore the world of food to answer the fundamental question “What do I eat?”

1st floor – The Society Sector
The human diet is, above all, a social and cultural indicator, giving us clues to help us understand both ourselves and other people. This sector favours the sharing of knowledge and experiences, and focuses on exchange, starting with the question: “How do I eat?”

2nd floor – The Body Sector
The last part of the visit, the Body sector, invites visitors to reflect on three fundamental questions: “What do I think about what I eat? Why do I eat? What impact do my choices have on my health?”

The Discovery Area
At the core of the museum, the Discovery area features amazing machines that highlight the industrial heritage of the food industry. It also serves as a laboratory for culinary experiments or as an amphitheater for meetings with experts to discuss food and nutrition. Welcome!